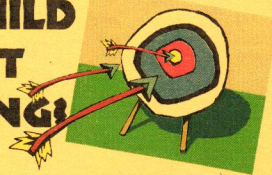


IS YOUR CHILD THE TARGET OF BULLYING?



- ◇ **BE ALERT FOR TELLTALE SIGNS (UNEXPLAINED INJURIES, TORN CLOTHING, RESISTANCE TO GOING TO SCHOOL, ETC.).**
- ◇ **ASK VERY SPECIFIC QUESTIONS OF YOUR CHILD.**
- ◇ **SHOW EMPATHY AND SUPPORT.**
- ◇ **KEEP THE LINES OF COMMUNICATION OPEN. (MANY CHILDREN ARE EMBARRASSED TO TELL THEIR PARENTS.)**
- ◇ **LOOK AT REASONS WHY YOUR CHILD MIGHT BE A TARGET. (POOR SOCIAL SKILLS, TIMID, FEARFUL, POOR HYGIENE, ETC.)**
- ◇ **ENCOURAGE YOUR CHILD TO HANDLE THE SITUATION; BRAINSTORM POSSIBLE SOLUTIONS.**



- ◇ **HELP CHILD DEVELOP PEER SUPPORT - THE BEST DEFENSE AGAINST BULLYING.**
- ◇ **ASK THE SCHOOL FOR HELP AND GUIDANCE RATHER THAN CONFRONTING THE BULLY OR HIS/HER PARENTS.**
- ◇ **SEEK PROFESSIONAL HELP IF PROBLEMS CONTINUE OR ESCALATE.**

Parenting Quick Tips

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