"MY FAMILY IS SWEET!"

VALENTINES FAMILY TIME CHALLENGE

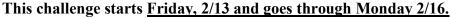
Urbandictionary.com shows the top definition for SWEET is:

"Something that is Awesome!"

At this side upfamily.org, we believe that something awesome is YOUR FAMILY!!!

So....

to inspire family connection and a unified belief in your own family's awesomeness (aka SWEETness), we created the "My Family is SWEET!" Valentines Family Time Challenge.



It is super EASY to enter and you could WIN A GREAT PRIZE FOR YOUR FAMILY!

THREE SIMPLE STEPS

Step 1. SUBMIT A FAMILY PIC including a "MY FAMILY IS SWEET!" sign you create. (Sign can be printed off the computer, handwritten, written on a cake, etc. Big or small, you decide! Before you snap the pic, read Step 2 below.)

Step 2. PHOTO SHOULD SHOW YOUR FAMILY DOING ONE OF THE FOLLOWING:

- 1. Playing a Board Game TOGETHER.
- 2. Picnic-ing TOGETHER. (indoor or outdoor)
- 3. Volunteering TOGETHER.
- 4. Playing Outside TOGETHER.
- 5. Making and/or Enjoying a SWEET Treat TOGETHER.

Step 3. Post your PIC on This Side UP! Family's FB page or email it to <u>info@thissideupfamily.org</u> BY MIDNIGHT ON MONDAY, 2/16.

WHY??!!!

- 1. **YOU COULD WIN**. All entries will be submitted for a Family FUNnection basket valued at \$75 (movie tickets, pizza gift card, board game, and more)!
- 2. **THE BIG WHY.** Because Family Time is SWEET (Awesome) and has also been proven to be a key indicator of a child's success and well-being. Children who are positively connected to their family relationships are less likely to make poor choices and more likely to become confident, content community participants as they grow up! That relationship building starts NOW, no matter the age of your child! It's never too early and it's never too late to focus on family connection! And the results are trajectory-changing, for family and community strengthening!

EARN AN EXTRA ENTRY!

Like, comment, and share this **TSUF VALENTINES FAMILY TIME CHALLENGE** on Facebook and when we receive your PIC we'll enter you to win TWICE!

(WATCH FOR MORE POSTS WITH FAMILY TIME IDEAS FOR #'s 1-5 ABOVE.)

Have fun with this **VALENTINES FAMILY TIME CHALLENGE!**

Facebook or Email us your FAMILY TIME, SIGN-HOLDING PIC by midnight on Monday, 2/16!!

FAMILY TIME IS SWEET!!!!

Thank you for participating in this purposeful challenge to increase FAMILY TIME in your home and our community!! Winner announced 2/17!

